

Proclamation

Whereas, The Centers for Disease Control and Prevention estimates 37.3 million adults and children in the U.S. have diabetes and an estimated 96 million adults have prediabetes; and

Whereas, diabetes remains the seventh leading cause of death in the U.S.; and

Whereas, newly diagnosed cases of type 1 and type 2 diabetes have significantly increased among U.S. youth; and

Whereas, research shows that people at high risk for diabetes can lower their risk for type 2 diabetes by staying at a healthy weight, eating well, and being active; and

Whereas, uncontrolled diabetes puts people at risk for serious complications including cardiovascular disease, blindness, kidney disease and dialysis, and nerve damage and amputation; and

Whereas, learning how to self-manage this condition through diabetes self-management education is the cornerstone of treatment; and

Whereas, best practice guidelines to treat diabetes include but are not limited to insulin, oral medication, diet, physical activity, and daily self-management routines;

Now, therefore, I, Armondo Pavone, Mayor of the City of Renton, do hereby proclaim November 2022 to be

National Diabetes Month

in the City of Renton, and I encourage all residents to join me in this special observance.

In witness whereof, I have hereunto set my hand and caused the seal of the City of Renton to be affixed this 7th day of November, 2022.

Armondo Pavone, Mayor City of Renton, Washington

